

PRINCIPAL'S PERSPECTIVE

It's hard to believe that we're already heading into the second term of the school year! As we move forward, we want to remind you that report cards will go home on February 12th. This is a great opportunity for you to see how your child is progressing and to discuss any concerns or questions you may have with their teacher. We want to remind you that no formal interviews are scheduled for this reporting period.

We also have an exciting field trip coming up for our grade 5 & 6 students! On Thursday, February 22nd, they will head to Winnipeg to visit the Museum of Man and Nature. This is a fantastic opportunity for our students to learn and explore outside of the classroom, and we are excited for them to experience it. In addition, please note that Family Day is on Monday, February 19th, and our school will be closed on this day. We hope you have a wonderful day with your family and loved ones.

We will be welcoming Anne Marie Armstrong, Secretary for the Sunset Country Metis Council. Ann Marie is also a volunteer and sits on the First Nation Metis Inuit (FNMI) Advisory Committee with both boards. She will be teaching the students about Metis culture, jigging, and using spoons to jig with on February 15th and 29th.

We are also excited to announce that our school will head to Kay-Nah-Chi-Wah-Nung on Friday, March 1st. This is a great opportunity for our students to learn about our community's rich culture and history, and we are thrilled to be able to provide them with this experience. As always, if you have any questions or concerns, please do not hesitate to reach out to either of us or your child's teacher. We appreciate your continued support and involvement in our school community.

We hope you have a fabulous February!

Mrs. Osadchuk & Mrs. Beckett

Educating the HEART and MIND of every child – today and tomorrow.

Principal – Kari Lynn Beckett

Vice Principal—Donna Osadchuk

www.riv.rrdsb.com

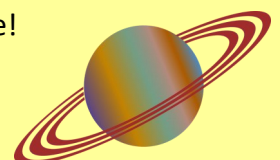
Upcoming Events:

Grade 8 Grad Picture Day	February 6
Riv/Mct/Rhs School Council Mtg	February 12@3:30pm
Term 1 Reports Go Home	February 12
Family Movie Night	February 16 @6pm
Family Day—No School	February 19
Gr 5 & 6 Winnipeg Field Trip	February 22
Kindergarten Registration	February 28
Kay-Nah-Chi-Wah-Nung Field Trip	March 1
March Break	March 11—15



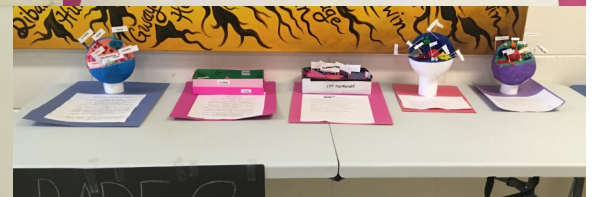
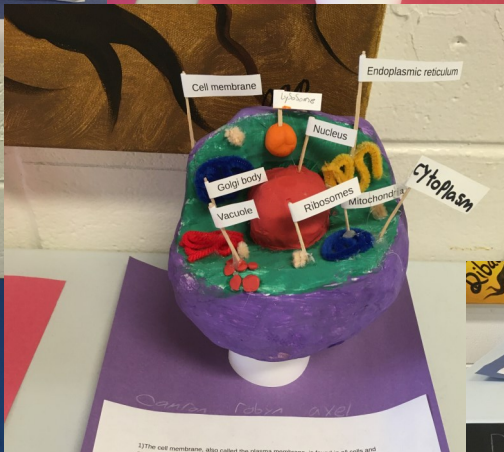
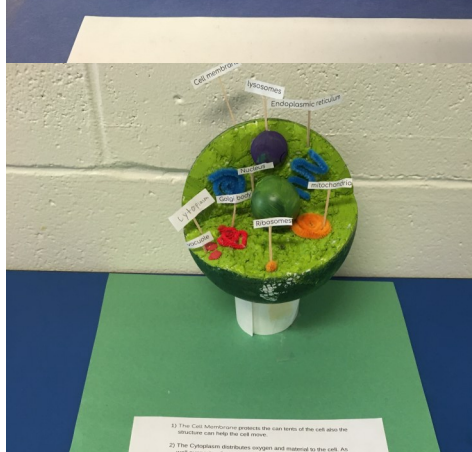
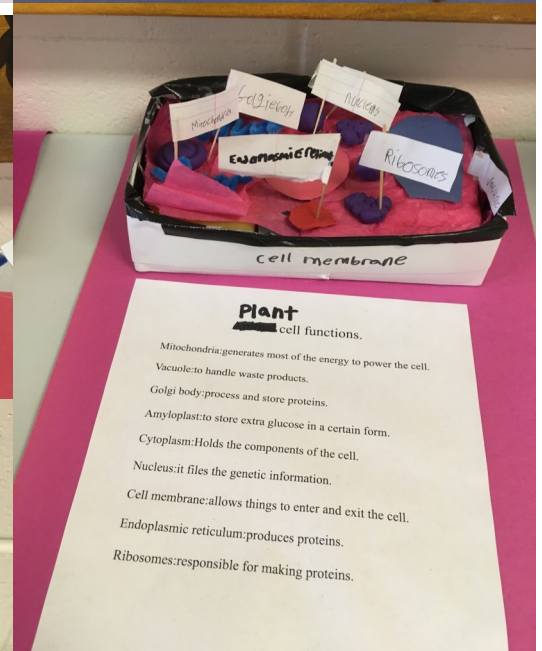
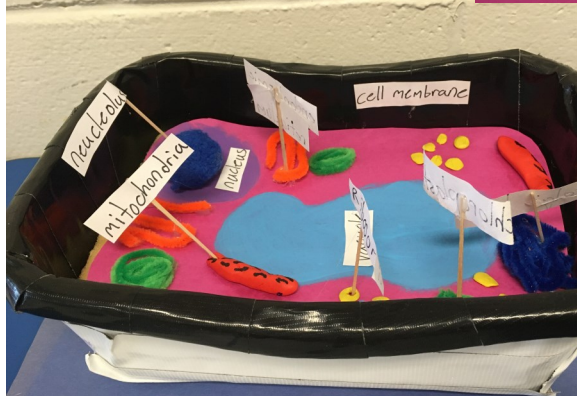
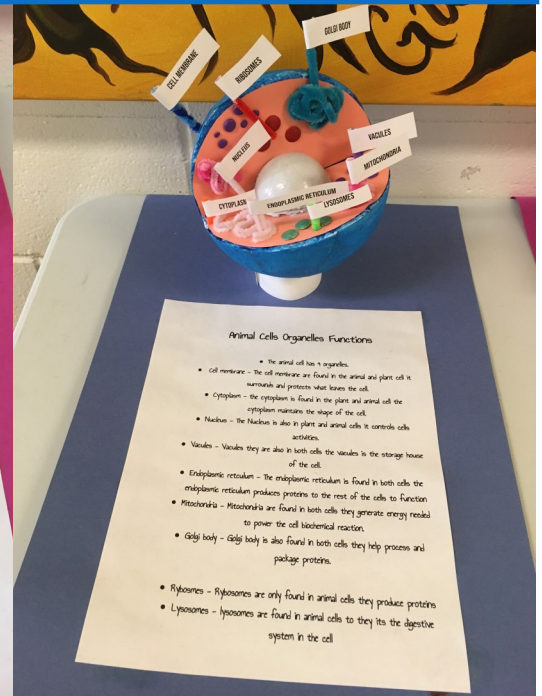
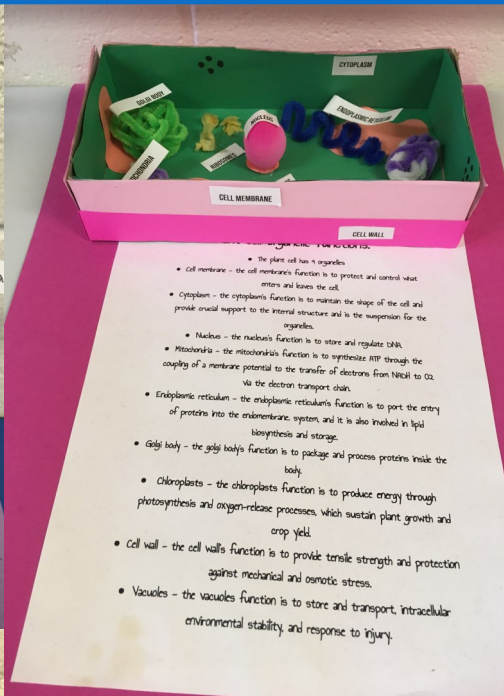
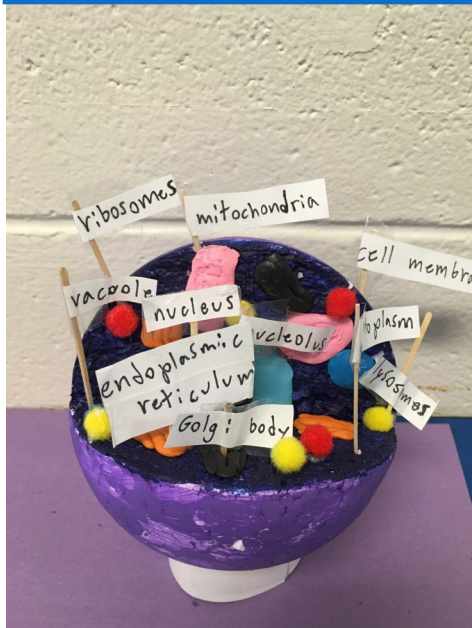
From Mrs. McNerney's Kindergarten Class

In Kindergarten this month, the students have been learning about outer space and the planets in our solar system. It has been amazing to see how interested the students are with outer space and how excited they are to share information in our discussions. Even us as educators are learning more through the students! We started with learning about the Sun and how important it is to life on Earth. Then we "traveled" to the Moon and each of the eight planets in our solar system. Finally, we learned about the dwarf planets such as Pluto. The Kindergarten students used playdough and modeling clay to make their eight planets for a mobile that travels around the Sun. Then they labeled their planets on black paper and were proud to display their mobiles at the front entrance of school. In the classroom, we have an interactive space station set up that promotes play-based learning! We encourage parents to ask your child about what they have been learning about space!



From Mrs. Van Beek's Grade 8 Class

As part of their Cells Unit in science, the Grade 8 students had to create 3-D models of cells. They identified each of the different organelles within the cells, and explained each of their functions. The class has enjoyed learning about the cell theory, understanding how cells function in our body, and recognizing what happens when cells do not function the way they are supposed to. Great job, Grade 8's!



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Valentine's
FAMILY MOVIE NIGHT
Featuring: Gnomeo + Juliet(G)

DOORS OPEN AT 5:30 PM
MOVIE STARTS AT 6:00 PM



Free Pizza and Popcorn

FEBUARY 16, 2024

Riverview Gym

**Bring your
own chair and
blanket**



**Thank you to
School
Council for
donating the
pizza!**

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Mental Health Memo Supporting Your Child with Traumatic Events



Every year, children and adolescents experience and/or witness traumatic events such as natural disasters, serious accidents, acts of violence, and other threats. Family, friends, and other trusted adults play an essential role in helping youth cope with these experiences. How adults respond to trauma can strongly influence how children and adolescents react to trauma. When caregivers and family members take steps to support their own ability to cope, they can provide better care for others.

While it is typical for children and adolescents to have different reactions to traumatic events, these tips may help you support them through these situations:

- Talk about social media, rumors, and facts – encourage them to share with you what they are hearing and being told and balance these with factual information.
- Allow space for all types of reactions – provide time and space for your child to process their feelings and reactions.
- Try to stick to routines and create normalcy – predictability and routines help to build feelings of safety.
- Don't make promises you cannot keep – stick to the facts and validate how difficult it can be when things are unknown.
- Pay attention to changes – seek help if there are sudden changes in thoughts, behaviours, or emotions.

If you are concerned that your child needs help, please refer to this resource:

[Where To Get Help For Your Child.pdf \(sharpschool.com\)](#)

For more information, please contact the RRDSB Mental Health Leader: tracey.idle@rrdsb.com

Student Nutrition and Supports

www.rrdsb.com/parents/nutrition_and_supports

The Nutrition and Student Support program helps students overcome obstacles to regular attendance and success at school. It facilitates consistent nutrition programs at all Rainy River District School Board schools and provides support for basic personal needs, eliminates attendance and participation barriers, and supports student pathways.

For more information contact:

Tara Rajala, Student Nutrition and Support Coordinator
Rainy River District School Board
Phone: 807-274-9855 ext. 5006
Email: tara.rajala@rrdsb.com



Kindergarten Registration Open House
Wednesday, February 28th 11:30—1:30pm
Parents/Guardians and children who were born in 2020 are invited to visit the school, meet the teachers and register for the 2024-2025 school year. Please bring the child's Birth Certificate (or other legal proof of birth) and proof of residency.

February 2024 Riverview School Newsletter Draw

My/our child(ren) (please list childrens' names)

_____, _____, _____, brought home this newsletter.

1. When is Kindergarten Open House? _____
2. Where are the students going on March 1st? _____
3. Who can you contact for Student Nutrition and Support? _____

Signature of Parent/Guardian



Please cut off the bottom and return to the office or email your answers to madeline.hartnell@rrdsb.com by Friday, February 16th to be eligible for the draw. Last month's winner was Jax Dobransky!

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